

Strawberry Pineapple Smoothie

Ingredients

- 1 small banana
- ½ cup frozen, unsweetened sliced strawberries
- ½ cup frozen, chopped pineapple
- 1 scoop Protein Powder
- ½ cup light orange juice
- ½ cup water

Blend all ingredients together until smooth. (* If using frozen fruit, you don't need to add ice to blender. If using fresh fruit, add ½ cup ice to blender).