

## **Skinny Protein Smoothie**

### Ingredients

- 1 cup unsweetened almond milk
- 1 cup frozen, unsweetened tropical fruit mix
- 1 scoop Protein Powder
- ½ tsp coconut extract

Blend all ingredients together until smooth. (\* If using frozen fruit, you don't need to add ice to blender. If using fresh fruit, add ½ cup ice to blender).